

Event Worksheet
Wellness Retreat
August 17-21, 2014
Rocky Mountain Village
Empire, CO

Day/ Time	Event	Location	Presenter	Supplies	Equipment/camp supplied
General supplies and needs				*Sun Screen & Mosquito repellant *Water *Snacks	*Some shower chairs *Golf carts for transportation between Homebuilders Lodge and dining hall and other locations
<u>Sun 8-17</u> 3:30	Check in	At Main Building		*Name tags *lanyards, *notebooks for each person including maps *markers, paper, tape *List of attendees *pens & pencils	
6:00 p.m.	Dinner	Main Dining Hall		Sign up sheets for Monday	Dinner served family style
7:00 p.m.	Welcome	Main building, Genessee Hall	Marny, Sue, Cassandra, Camp Counselor		*Sound system and wireless mic *Tables and chairs for 60 facing stage and room for wheel chairs between
7:15 p.m.	Meet and Greet	Main building, Genessee Hall	Margaret	Introduction activity & work sheet—Name Bingo	*Sound system and wireless mic *Tables and chairs for 60 with room for wheel chair access
	Unscheduled activities				
	Fishing				Fishing poles, etc

	Hiking				Trail map
	Open Swim & hot tub				Lifeguard *Towels? (I suspect they will have these at the pool but good to ask)
	Quiet time				
	Read			Post-Polio Library	Books already in Homebuilders Lodge
	Conversation				
	Tour Historic Georgetown (On Your Own)				
	Wii Fit		Marny & Margaret	Consoles and games	2 TV
	Board games				
	Card games				
	Jigsaw puzzle		Marny		
	Massage—To be determined—				